

2024 Shanghai Summer School (Traditional Chinese Medicine Program)

Schedule (Draft)

Date	Day	Morning /Afternoon	Content
2024-06-10	Monday	Morning	Opening Ceremony and Introduction To Traditional Chinese Medicine (1)
2024-06-10	Monday	Afternoon	Campus Tour and Student Discussion Session
2024-06-11	Tuesday	Morning	Chinese Language Class
2024-06-11	Tuesday	Afternoon	Chinese Calligraphy
2024-06-12	Wednesday	Morning	Clinical/Cultural Site Visit
2024-06-12	Wednesday	Afternoon	Wuqinxi (Five Animals Qigong) Class
2024-06-13	Thursday	Morning	Chinese Language Class
2024-06-13	Thursday	Afternoon	Introduction To Traditional Chinese Medicine (2)
2024-06-14	Friday	Morning	Understanding Diseases in Traditional Chinese Medicine: Etiology and Pathogenesis
2024-06-14	Friday	Afternoon	Chinese Peking Opera
2024-06-15	Saturday		City Visit
2024-06-16	Sunday		Free Activities
2024-06-17	Monday	Morning	Application of Tuina in Modern Life (1)
2024-06-17	Monday	Afternoon	Clinical/Cultural Site Visit
2024-06-18	Tuesday	Morning	Chinese Language Class
2024-06-18	Tuesday	Afternoon	Traditional Chinese Medicine: Observing and Questioning (Four Diagnostic Methods)
2024-06-19	Wednesday	Morning	Chinese Paper Cutting
2024-06-19	Wednesday	Afternoon	Wuqinxi (Five Animals Qigong) Class
2024-06-20	Thursday	Morning	Chinese Language Class
2024-06-20	Thursday	Afternoon	Plants, Trees, Metals, and Stones: Understanding Chinese Herbs
2024-06-21	Friday	Morning	The Magical Meridians and Acupoints of The Human Body
2024-06-21	Friday	Afternoon	Traditional Culture and Chinese Classics Lecture
2024-06-22	Saturday		Cultural Site Visit
2024-06-23	Sunday		Free Activities

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2024-06-24	Monday	Morning	Application of Tuina in Modern Life (2)
2024-06-24	Monday	Afternoon	Clinical/Cultural Site Visit
2024-06-25	Tuesday	Morning	Chinese Language Class
2024-06-25	Tuesday	Afternoon	The Magic of Silver Needles: Acupuncture, Moxibustion, and Cupping Therapy
2024-06-26	Wednesday	Morning	Chinese Fan Painting
2024-06-26	Wednesday	Afternoon	Wuqinxi (Five Animals Qigong) Class
2024-06-27	Thursday	Morning	Chinese Language Class
2024-06-27	Thursday	Afternoon	Application of Acupuncture in Modern Life
2024-06-28	Friday	Morning	Chinese Tea Culture
2024-06-28	Friday	Afternoon	Perfect Combination of Food and Medicine: Medicinal Diets
2024-06-29	Saturday		Cultural Site Visit
2024-06-30	Sunday		Free Activities
2024-07-01	Monday	Morning	Application of Tuina in Modern Life (3)
2024-07-01	Monday	Afternoon	Clinical/Cultural Site Visit
2024-07-02	Tuesday	Morning	Chinese Language Class
2024-07-02	Tuesday	Afternoon	Clinical/Cultural Site Visit
2024-07-03	Wednesday	Morning	Tradition and Making of Scented Sachets
2024-07-03	Wednesday	Afternoon	Wuqinxi (Five Animals Qigong) Class
2024-07-04	Thursday	Morning	Chinese Language Class
2024-07-04	Thursday	Afternoon	Traditional Chinese Health Preservation
2024-07-05	Friday	Morning	Application of Tuina in Modern Life (4)
2024-07-05	Friday	Afternoon	Student Presentations and Closing Ceremony