



# 2025 一带一路 国家 医学高端人士中医药研习项目

中国·上海 2025年10月19日-11月2日  
Shanghai, China October 19 to November 2, 2025  
2025 Traditional Chinese Medicine Workshop  
for Medical Professionals from Countries along the Belt and Road

Schedule (Draft)			
Date	Weekday	Time	Content
2025-10-19	Sunday	Full day	Registration
2025-10-20	Monday	morning	Opening Ceremony, TCM and World Medicine
2025-10-20	Monday	afternoon	TCM Education, TCM Scientific Innovation
2025-10-21	Tuesday	morning	Overseas development of TCM
2025-10-21	Tuesday	afternoon	Chinese health-preserving Qigong
2025-10-22	Wednesday	morning	Shi's Traumatology
2025-10-22	Wednesday	afternoon	The Application of TCM in the Field of Surgical Procedures
2025-10-23	Thursday	morning	Common Skills of Acupuncture and Tuina
2025-10-23	Thursday	afternoon	Visit Gongli Hospital (secondary municipal hospital) Visit Zhoujiadu Community Health Service Center
2025-10-24	Friday	morning	Visit Shanghai Museum of TCM, TCM innovation center
2025-10-24	Friday	afternoon	Appreciation of Peking Opera, Chinese Calligraphy
2025-10-25	Saturday	Full day	Free Activities
2025-10-26	Sunday	Full day	Free Activities
2025-10-27	Monday	morning	The Application of Integrative Medicine in the Prevention and Treatment of Liver Diseases
2025-10-27	Monday	afternoon	The Life Concept in TCM
2025-10-28	Tuesday	morning	The Application of TCM in Emergency Care
2025-10-28	Tuesday	afternoon	Common Acupoints for Health Preservation: Introduction & Acupressure Training
2025-10-29	Wednesday	morning	Pediatric Tuina
2025-10-29	Wednesday	afternoon	TCM Internal Medicine
2025-10-30	Thursday	morning	The Application of TCM in the Prevention and Treatment of Tumor
2025-10-30	Thursday	afternoon	The Application of Featured TCM Diagnostic Techniques (for endocrine disorders and other conditions)
2025-10-31	Friday	morning	Making TCM Sachets, Experience Herbal Tea Tasting
2025-10-31	Friday	afternoon	Learning Communication & Closing Ceremony
2025-11-01	Saturday	Full day	Visit Herbal Planting Base and Herbal-making Factory
2025-11-02	Sunday	Full day	Departure