



2025年上海暑期学校(中医药项目)

2025 SHANGHAI SUMMER SCHOOL (TRADITIONAL CHINESE MEDICINE PROGRAM)

SCHEDULE (Draft)

DATE	START TIME	CONTENT
02 June 2025	9:00	Opening Ceremony Overview of Traditional Chinese Medicine (1)
02 June 2025	13:30	Chinese Calligraphy Art
03 June 2025	9:00	Visit Clinical Teaching Base
03 June 2025	13:30	Five-animal Exercises
04 June 2025	9:00	Chinese Language
04 June 2025	13:30	Overview of Traditional Chinese Medicine (2)
05 June 2025	9:00	Understanding Diseases in TCM: Etiology and Pathogenesis
05 June 2025	13:30	Appreciation of Peking Opera Art
06 June 2025	9:00	Overview of Traditional Chinese Medicine (3)
06 June 2025	13:30	Chinese Language
07 June 2025		Free Activities
08 June 2025		Free Activities
09 June 2025	9:00	Application of Tuina in Modern Life (1)
09 June 2025	13:30	Visit Clinical Teaching Base
10 June 2025	9:00	Chinese Language
10 June 2025	13:30	The Four Diagnostic Methods: Inspection, Auscultation, Olfaction and Palpation
11 June 2025	9:00	Chinese Paper-cutting



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DATE	START TIME	CONTENT
11 June 2025	13:30	Five-animal Exercises
12 June 2025	9:00	Chinese Language
12 June 2025	13:30	Understanding Chinese Materia Medica
13 June 2025	9:00	Amazing Meridians & Acupoints
13 June 2025	13:30	Traditional Chinese Culture
14 June 2025		Free Activities
15 June 2025		Free Activities
16 June 2025	9:00	Application of Tuina in Modern Life (2)
16 June 2025	13:30	Visit Clinical Teaching Base
17 June 2025	9:00	Chinese Language
17 June 2025	13:30	Magical Silver Needles: Acupuncture, Moxibustion and Cupping Therapy
18 June 2025	9:00	Chinese Painted Fan
18 June 2025	13:30	Five-animal Exercises
19 June 2025	9:00	Chinese Language
19 June 2025	13:30	Application of Acupuncture and Moxibustion in Modern Life
20 June 2025	9:00	The Art of Chinese Tea
20 June 2025	13:30	Perfect Combination of Food and Medicine - Medicinal Diet



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DATE	START TIME	CONTENT
21 June 2025		Free Activities
22 June 2025		Free Activities
23 June 2025	9:00	Application of Tuina in Modern Life (3)
23 June 2025	13:30	Visit Clinical Teaching Base
24 June 2025	9:00	Chinese Language
24 June 2025	13:30	Visit Clinical Teaching Base
25 June 2025	9:00	Traditions and the making of TCM Sachet
25 June 2025	13:30	Five-animal Exercises
26 June 2025	9:00	Chinese Language
26 June 2025	13:30	Health Preserving of TCM
27 June 2025	9:00	Application of Tuina in Modern Life (4)
27 June 2025	13:30	Students Presentation & Closing Ceremony