



International Acupuncture Training Course

Advanced Course

Fundamentals of Chinese Medicine (16 hours)

- Interactions among qi, blood and body fluids
- Interactions among the zang-fu organs
- Phlegm, stagnant blood, dampness and fluid retention
- Clinical application of essential theory

Diagnostics in Chinese Medicine (27 hours)

- Diagnosis of problems involving more than one organ
- Tongue/pulse diagnosis
- Practice of tongue and pulse diagnosis
- Diagnosis practice in Longhua hospital

Acupuncture (140 hours)

Needling technique

- Compound needling manipulation
- Ear acupuncture
- Scalp acupuncture
- Modern advance in needling technique

Meridians and points

- Locations and indications (especially indications) of 180 common points
- Point combination for common conditions

Acupuncture treatment

Analysis, pattern identification, treatment principle and formulae

Special lectures

- Eight extraordinary meridians
- Classic needling technique
- Ankle-wrist acupuncture/the second metacarpal bone therapy
- Syndrome differentiation of meridians
- Clinical application of specific points
- Syndrome differentiation by six meridians
- Syndrome differentiation by Wei-defense, Qi, Ying-nutrients and Blood
- Acupuncture for mental/emotional problems
- Acupuncture for gynecological conditions, etc.

Clinical practice (180 hours)

Certificate

Students receive a Certificate of Completion (including lecture hours) from Shanghai International Acupuncture Training Center.

